



201-380 Leathead Road, Kelowna, BC V1X 2H8  
P: 778-478-8313 E: [efmcanada@kootenay.info](mailto:efmcanada@kootenay.info)

[www.efmcanada.ca](http://www.efmcanada.ca)

## **A word to those attending mentor training**

### ***Why we provide mentor training***

One of the strongest norms for Efm from the very beginning has been that students benefit most from Efm when there is a trained and skilled mentor with the group. It is essential that our mentors keep their skills up-to-date, to hear and practice new techniques for mentoring and to be accountable to the programme so that students have the best possible learning experience. Mentors are expected to attend a training event and renew their accreditation within twelve to eighteen months of their last training.

### ***Why we insist on regular retraining***

We think that every mentor has something more to learn or a skill that needs to be sharpened. We encourage mentors to seek feedback and to set learning goals and to use training events to achieve those goals. Mentors are the core of the Efm process and we are committed to fine training for their benefit and for the good of the students.

### ***As you prepare***

- **Mentor trainings require 18 contact hours, not including meals. Plan to attend the entire event. Anyone who skips a portion of the training will not be accredited.**
- What to bring: Your Bible, your Reading and Reflection Guide if you have one, worship resources for brief morning and evening services, a musical instrument would be welcome, paper and pen,
- Please arrive rested and collected and ready to engage the event.
- Wear comfortable clothes and bring things necessary to your own comfort that might not be provided such as a sweater, a favorite beverage or kind of tea... (tea, coffee and snacks are always provided)
- You may check for messages in breaks but cell phones must be turned off during the sessions.
- Some trainers request advance reading before the event. Please complete your reading assignment and bring relevant handouts to the training event.

### ***An overview of the various training options***

#### ***Anticipated background and experience:***

We want candidates for training who have some theological education or two years of Efm. We want them to have some basic skills as a leader and a facilitator. We expect that you are mature and an active Christian in an Anglican or Lutheran context. (We will certainly be open to considering leaders from other denominations but acceptance is not automatic.)

*Training event options:*

- **Foundations of Seminar Life** training events are for new mentors, mentors who have had experience leading a group, and trained mentors who have never led a group.
- **Formation Training for Mentoring and Ministry** events are for those who have attended at least two Foundations events and have been recommended by a trainer. Formation events offer advanced training on select topics related to the EfM programme and seminar life, focusing on a particular area of mentor skill. Talk to your coordinator if you qualify and are interested in Formation training. After completing a Formation event mentors will be expected to return to a Foundations event before registering for a further Formation training.
- **Alternate** specialized training events are for experienced mentors. With the permission of the Director or the Director of Training you may attend a non-EfM event of at least 18 contact hours that you believe will enhance your skills as a mentor. You must get permission from the Director of EfM before attending the event and then send a report of the event outlining some of the things you learned to the Director. When the report is received your re-accreditation is granted, so be sure to send your report.

There is a list of training events posted on the website; you may wish to consider attending training in another diocese if it fits your needs but please let your Diocesan Coordinator know of your plans. To register for an event in another diocese contact the Coordinator for that diocese.

If you have questions regarding training opportunities and expectations, please be in touch with your Diocesan EfM Coordinator, the EfM Canada office, or Chris Ross, our Director of Training.